



## Health and Racial Equity Training for October 2023

Join MPHA in continuing our efforts to ensure that everyone has the opportunity to attain the highest level of health

One of the enticing features of ordering in food is the associated ease. You are not chopping up onions with tears streaming down your face. You are not battling with the heat and silently begging the fire alarm to hold its peace. And you are not anxious about the aftermath of eating... dirty dishes. All you have to do is wait for the message that says, “your delivery has arrived.”

Today, the Health and Racial Equity Committee of the Mississippi Public Health Association is bringing to your virtual doorstep three already prepared trainings. Within 50-70mins for each video, you are served well researched, insightful, and inspiring information on health and equity.

A series of 3 trainings will be available during the months of October, November, and December. Each month one video with an evaluation component will be posted for completion. Participants completing the training will be entered into a drawing for a \$25 gift card.

Our hope is that these trainings will shed more light on matters surrounding certain equity topics and encourage some curiosity in you about your role in bringing more equity into the good work we all are already doing.

Let's dig in!

### Webinar #1 The Politics of Health Inequity

Viewing and Evaluation Instructions:

1. In order to match your pre- and post-test, you will be asked to come up with a 6-digit number that is familiar and unique to you. You can use 6 digits from your cell phone number or social security number. Please do not use numbers like 111111 or 987654. These numbers are commonly used and if multiple people have the same number, we won't be able to match you.
2. Click on this [link](#) to complete the pre-test.
3. Watch the Politics of Health Inequity webinar at this link:

<https://www.youtube.com/watch?v=2k5XPbEB4Ho>

4. Click on this [link](#) to complete the post-test and enter your contact information when prompted if you wish to be entered into a drawing for a \$25.00 Gift Card. A winner will be chosen on 10/31/23. You must have a valid physical address in MS to be eligible for the drawing.

